

High School Combo Menu Cycle 2011-12

Combo Meal Selections include Entrée, Milk, Fruit and Vegetable

Make Entrée Selection, Add choice of Milk and/or Select up to 4 different Fruits/ Vegetables of your choice

Prices	\$2.00	\$2.25	\$2.50	\$2.75
WEEK 1				
Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breaded Mozzarella Sticks/</u> Marinara Sauce	Chick-N-Spud Bowl/ WG Biscuit	Crispito/ Nachos (WG Tortilla Chips)	Spicy Chicken Sticks w/ Ranch Dip & WG Roll	Hot & Spicy Chicken Sandwich/ WG Bun
Turkey Fritter/ WG Bun	Hot Dog/ WG Bun	Cheeseburger/ WG Bun	Grilled Chicken/WG Bun	Hot Ham & Cheese/ Whole Wheat Bun
Rotini w/ Breadstick	Fiestada Taco Pizza	Chicken Nuggets w/ WG Dinner Roll	<u>Bosco Cheese Sticks/</u> Marinara Sauce	Orange Chicken Rice Bowl
Breaded Chicken Sandwich/ WG Bun	Hot & Spicy Chicken Sandwich/ WG Bun	Meatball Sandwich/ WG Bun	Rib BQ/ WG Bun	Jalapeno Burger/ WG Bun
Walking Taco	Beef & Bean Burrito	Fiesta Beans & WG Tortilla Chips	Chicken Monaco/ WG Bun	Corn Dog
<u>Big Daddy Pizza</u>	<u>Big Daddy Pizza</u>	<u>Big Daddy Pizza</u>	<u>Big Daddy Pizza</u>	<u>Big Daddy Pizza</u>
<u>PBJ Uncrustable</u>	<u>PBJ Uncrustable</u>	<u>PBJ Uncrustable</u>	<u>PBJ Uncrustable</u>	<u>PBJ Uncrustable</u>
<u>Yogurt Lunch</u>	<u>Yogurt Lunch</u>	<u>Yogurt Lunch</u>	<u>Yogurt Lunch</u>	<u>Yogurt Lunch</u>
6" Assorted Subs, including <u>Veg.</u> on WG Roll	<u>Vegetarian</u> WG Wrap Turkey/ Ham WG Wrap	6" Assorted Subs, including <u>Veg.</u> on WG Roll	<u>Vegetarian</u> WG Wrap or Chicken Caesar WG Wrap	6" Assorted Subs, including <u>Veg.</u> on WG Roll
Assorted Deluxe Deli or <u>Vegetarian</u> Sandwiches	Assorted Deluxe Deli or <u>Vegetarian</u> Sandwiches	Assorted Deluxe Deli or <u>Vegetarian</u> Sandwiches	Assorted Deluxe Deli or <u>Vegetarian</u> Sandwiches	Assorted Deluxe Deli or <u>Vegetarian</u> Sandwiches
Buffalo Chicken Salad	Chicken Caesar Salad	Julienne Salad	Chicken Caesar Salad	Grilled Chicken Salad

Underlined Items are Vegetarian Options

High School Side Choices

A Variety of Fresh, Canned or Hot Fruit/ Vegetable Choices are Available Daily:

Hot Vegetable Selection - Daily choices may include the following:

Whole Kernel Corn, Green Beans, Peas & Carrots, Mixed Vegetables, Broccoli Cuts

Fresh Vegetable Selection - Daily choices may include: Broccoli, Cauliflower, Celery, Baby Carrots,

Sliced Cucumber w/ Tomatoes or Tossed Salad/ Dressing

Shredded Lettuce/ Sliced Tomato Cup (to compliment your sandwich)

Potato Selection - **Tuesday** - Mashed Potatoes/Gravy **Wednesday** - Oven Baked Curly Fries **Thursday** - Oven Baked Tri Taters

Canned Fruit Selection - Choices may include: Peaches, Pears, Fruit Cocktail, Mandarin Oranges, Pineapple, Applesauce

Fresh Fruit Selection - Choices may include: Oranges, Apples, Grapes, Bananas, Kiwi, Watermelon, Melon, Strawberries

Assorted Low Fat Milk Available Daily

8 oz Chugs: 1% Chocolate, 1% Strawberry, 1% White milk

8 oz Carton: Skim Milk

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WEEK 2				
<u>Cheese Pizza Dippers/</u> Marinara Sauce	Chick-N-Spud Bowl/ WG Biscuit	Nachos El Grande (WG Tortilla Chips)	Chicken Nuggets w/ WG Dinner Roll	Hot & Spicy Chicken Sandwich/ WG Bun
<u>Macaroni & Cheese w/</u> WG Dinner Roll	Fiestada Taco Pizza	<u>Cheese Quesadilla</u>	<u>Breaded Mozzarella Sticks/</u> Marinara Sauce	Teriyaki Chicken Rice Bowl
Turkey Fritter/ WG Bun	Hot Dog/ WG Bun	Cheeseburger/ WG Bun	Homemade Beef Lasagna (Homemade Southwest Lasagna)	Grilled BBQ Chicken Sandwich/ WG Bun
Breaded Chicken Sandwich/ WG Bun	Hot & Spicy Chicken Sandwich/ WG Bun	Italian Beef Sandwich/ WG Roll	Rib BQ/ WG Bun	Stuffed Crust Pizza Wedge
Walking Taco (WG Corn Chips)	Beef & Bean Burrito	Fiesta Beans & WG Tortilla Chips	Chicken Monaco/ WG Bun	Corn Dog
<u>Big Daddy Pizza</u>	<u>Big Daddy Pizza</u>	<u>Big Daddy Pizza</u>	<u>Big Daddy Pizza</u>	<u>Big Daddy Pizza</u>
<u>PBJ Uncrustable</u>	<u>PBJ Uncrustable</u>	<u>PBJ Uncrustable</u>	<u>PBJ Uncrustable</u>	<u>PBJ Uncrustable</u>
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6" Assorted Subs, including <u>Veg.</u> on WG Roll	<u>Vegetarian WG Wrap</u> Turkey/ Ham WG Wrap	6" Assorted Subs, including <u>Veg.</u> on WG Roll	<u>Vegetarian WG Wrap</u> Chicken Caesar WG Wrap	6" Assorted Subs, including <u>Veg.</u> on WG Roll
Assorted Deluxe Deli or <u>Vegetarian Sandwiches</u>	Assorted Deluxe Deli or <u>Vegetarian Sandwiches</u>	Assorted Deluxe Deli or <u>Vegetarian Sandwiches</u>	Assorted Deluxe Deli or <u>Vegetarian Sandwiches</u>	Assorted Deluxe Deli or <u>Vegetarian Sandwiches</u>
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